



*Lessac-Madsen
Resonant Voice
Training*

**A Workshop for
Speech-Language Pathologists
and Other Voice Professionals**



Presented by Dr. Katherine Verdolini Abbott

**Indiana Historical Society
450 West Ohio Street
Indianapolis, IN 46202**

October 1-3, 2010

About the Presenter

Katherine Verdolini Abbott PhD, CCC-SLP is a Professor of Communication Sciences & Disorders in the School of Health & Rehabilitation Services at the University of Pittsburgh. Her general area of interest is clinical voice science. Her current research focuses on the role of vocalization for wound healing in the larynx, motor learning principles applied to models of voice therapy, and clinical trials in voice therapy. She has received one K08 and two R01 research awards from the National Institute on Deafness and she serves as consultant on other research awards from the National Institutes of Health. Dr. Verdolini Abbott developed & conducts workshops on a systematic approach to voice training for hyper- and hypofunction, Lessac-Madsen Resonant Voice Training. She is a Fellow of the American Speech-Language-Hearing Association and received the Honors of the Association in 2009.

About the Courses

LMRVT-Basic provides theoretical background and practical training in Lessac-Madsen Resonant Voice Training, which is a holistic approach appropriate for normal voice users, as well as individuals with hyper- and hypofunctional voice disorders. It arises from the convergence of physical/cognitive sciences and performing arts traditions. A target laryngeal configuration can be identified which produces the strongest voice output with the least amount of pulmonary effort and coincides with relatively low vocal fold impact. A parallel, equally important, premise—in LMRVT and other approaches—is attention to sensory information rather than verbal, mechanistic instructions. The result is a well-functioning voice that can be heard in most environments with minimal risk of injury.

Learning Outcomes:

- Describe the basic science foundations of LMRVT
- List the steps of the LMRVT method
- Evaluate demonstrations of LMRVT in vocal training
- Apply LMRVT during self-practice & with appropriate clients

LMRVT-Advanced assumes prior training in LMRVT. This course extends basic LMRVT science & methods to incorporate additional body, speech, & voice works as developed by Lessac as well as vocal “energy” work as developed by Madsen. Specific instruction will be participatory practice in Lessac’s body, consonant, tonal, & structural “NRGs” as they apply to treatment of vocal pathology. Madsen’s approach to freeing “energy blocks”, based on yogic meridian theory, will be incorporated into participant self-practice and applied to individuals with voice disorders.

Learning Outcomes:

- Describe body, speech, & voice exercises as developed by Lessac in the context of vocal health
- Describe maneuvers in tissue massage & Asian-inspired body work as used by Madsen
- Evaluate demonstrations of LMRVT-Advanced according to principles introduced in this course
- Apply LMRVT-Advanced principles in self-practice & with appropriate clients

Schedule

LMRVT-Basic

Friday October 1

8:00-8:30	Registration
8:30-9:00	Historical background of LMRVT & general framework
9:00-12:00	Voice science of LMRVT
12:00-1:00	Lunch (on your own)
1:00-3:00	Learning science in LMRVT
3:00-3:30	Effectiveness data in LMRVT
3:30-4:30	Introductory demonstrations

LMRVT-Basic

Saturday October 2

8:30-11:30	LMRVT step-by-step
11:30-12:30	Lunch (on your own)
12:30-1:30	Participant self-practice in LMRVT
1:30-2:30	Demonstrations of LMRVT
2:30-3:30	Tips, tricks, & integration
3:30-4:00	Questions & answers

LMRVT-Advanced

Sunday October 3

8:00-8:30	Registration
8:30-8:45	Introduction to LMRVT-Advanced
8:45-9:15	Lessac "Body NRG"; role of the whole body in voice
9:15-9:45	Lessac "Tonal NRG"
9:45-10:15	Lessac "Structural NRG"
10:15-11:00	Lessac "Consonant NRG"; phonemes as instruments
11:00-11:30	Lessac "Call"
11:30-12:30	Lunch (on your own)
12:30-1:30	Madsen yogic energy in voice
1:30-2:00	Group practice in methods
2:00-2:30	Incorporation with LMRVT-Basic
2:30-4:00	Participant self-practice of methods
4:00-4:30	Integration, questions, & answers

NOTE: Formal 10 minute breaks will be taken both AM & PM at various times each day

***After completing each course, you will receive
a certificate identifying you as a
Lessac-Madsen Clinical Provider***

Registration Form-Indianapolis

Name with credentials/degree(s)

Street Address

City State Zip

Phone (Home) Work or Cell

E-mail (Required for Registration Confirmation)
Disability Accommodation Needed: _____ (we will contact you)

Course Fees (circle applicable amount)

	Basic	Advanced	Basic + Advanced
SLPs (with CEUs)	\$475	\$250	\$695
Vocal/Acting Coaches	\$425	\$195	\$595
SLP Graduate Students *	\$235	\$125	\$345
SLP Faculty (with CEUs) *	\$425	\$225	\$625
Vocal/Acting Faculty *	\$385	\$175	\$535

* Registrations accepted by mail or fax only, with copy of school ID attached.

\$50.00 late fee for registrations postmarked after September 20, 2010

Payment

By check or money order, payable to MultiVoiceDimensions

By credit card (Visa & MasterCard accepted):

Card Number _____
Name on Card: _____
CCV Number (back of card): _____ Exp. Date: _____ Billing Zip: _____

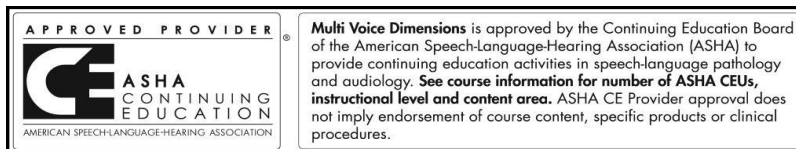
How to register

By Mail: MultiVoiceDimensions
P. O. Box 64
Kankakee, IL 60901

By Fax: Toll-free 1-888-875-4086

Online: At www.multivoicedimensions.org
Click on Course Schedule, then Register Now

Cancellation Policy: Full refund if notified in writing at least 30 days before course start date.
\$50.00 processing fee if notification received 8-30 days of course start date. No refund within 7 days of course start date.



Basic course is offered for 1.4 CEUs (Intermediate level)

Advanced course is offered for .7 CEUs (Advanced level)

Both courses are Professional area

For questions, contact
info@multivoicedimensions.org